

# “The Assumption of Mary into Heaven in Body and Soul”...

## FROM THE BOOK OF REVELATION:

*“The woman was given the two wings of the great eagle, so that she could fly to her place in the desert, where, far from the serpent, she was taken care of for a year, two years, and a half-year.”*

*(Rev.12:14)<sup>1</sup>*

## MEDITATION ON THE MYSTERY:

Lord, give us the grace to assume our place in your workshop of love, using the wing of Biblical prayer and the wing of silence to understand the prayer: so that, steered by the rudder or “tail” of Catholic Doctrine, we may fly toward the full completion of your will in us. (cf. SLC, p. 471)

## FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to wings, St. John Henry Newman says that “*Prayer and fasting have been considered the wings of the soul, and they who neither fast nor pray, cannot follow Christ*”; we could add, prayer – to understand the will of God, and fasting – from our own wills, in order to put His will into practice!

(J.H. NEWMAN, “Rising with Christ”, in *Parochial and Plain Sermons*, VI, Christian Classics Inc., Westminster Md. 1967, 208 [commentary by pfgsm])

<sup>1</sup> NABRE (USCCB)

## FREE AND PERSONAL MEDITATION

*(for a personal contribution to give to those who listen):*

- .....
- .....

*Then follows ...*

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ....”

*Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...*